

NEW YORK STATE  
OFFICE OF CHILDREN AND FAMILY SERVICES  
**DAY CARE ENROLLMENT**

PHOTO OF  
CHILD (Optional)

PROGRAM NAME:	ADDRESS:	PHONE NUMBER: ( ) -
CHILD'S FULL NAME: PREFERRED NAME/NICKNAME:	DATE OF BIRTH: / /	GENDER:
CHILD'S HOME ADDRESS:		
NAME OF PERSON ENROLLING CHILD:	RELATIONSHIP TO CHILD: <input type="checkbox"/> Parent <input type="checkbox"/> Guardian <input type="checkbox"/> Caretaker <input type="checkbox"/> Relative _____ <input type="checkbox"/> Other _____	

PHONE NUMBER(S) OF PERSON ENROLLING CHILD: ( ) - <input type="checkbox"/> ok to text	ADDRESS OF PERSON ENROLLING CHILD (IF DIFFERENT THAN CHILD):
EMAIL ADDRESS:	

EMERGENCY INFO	EMERGENCY CONTACT NAMES / ADDRESSES	Authorized to Pick Up Child	PRIMARY PHONE NUMBER	OTHER PHONE NUMBER / EMAIL
	PRIMARY CONTACT:		<input type="checkbox"/> Yes <input type="checkbox"/> No	( ) - <input type="checkbox"/> ok to text
		<input type="checkbox"/> Yes <input type="checkbox"/> No	( ) - <input type="checkbox"/> ok to text	( ) - <input type="checkbox"/> ok to text
		<input type="checkbox"/> Yes <input type="checkbox"/> No	( ) - <input type="checkbox"/> ok to text	( ) - <input type="checkbox"/> ok to text

<b>FOR PROGRAM USE ONLY</b> DATE OF ENROLLMENT: / /	<b>FOR PROGRAM USE ONLY</b> DATE OF DISENROLLMENT: / /
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CHILD'S FULL NAME:	DATE OF BIRTH: / /
<b>Check boxes below to indicate if your child has any special needs/services:</b> <input type="checkbox"/> None <input type="checkbox"/> Early Intervention/Special Education <input type="checkbox"/> Occupational Therapy <input type="checkbox"/> Speech/Language <input type="checkbox"/> Physical Therapy <input type="checkbox"/> Allergies (Please list) _____ <input type="checkbox"/> Other _____	
Please provide information here <b>AND</b> discuss with your child care provider:	
CHILD'S PRIMARY CARE PHYSICIAN'S NAME/ GROUP:	PHONE NUMBER: ( ) -
PREFERRED HOSPITAL:	PHONE NUMBER: ( ) -
CHILD'S DENTAL CARE:	PHONE NUMBER: ( ) -

Child health care information is available by calling toll-free 1-800-698-4543 or  
the NYS Health Marketplace website: <https://nystateofhealth.ny.gov/>

**AGREEMENTS**

- I consent to emergency medical treatment for my child.....  Yes  No
- I consent for my child to take part in neighborhood trips (i.e., library, park and playground) away from the program under proper supervision.....  Yes  No
- I understand the program may need additional permissions for situations such as transportation, medication, release of information, and field trips.....  Yes  No
- I provided information on my child's special needs to the program to assist in caring for my child.....  Yes  No
- I understand the program must give parents, at the time of enrollment of a child, a written policy statement as required by regulation.....  Yes  No
- I agree to review and update this information whenever a change occurs and at least once every year.....  Yes  No

SIGNATURE - PARENT OR PERSON(S) LEGALLY RESPONSIBLE:	DATE: / /
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# Child Care Discipline Policy

## Policy Statement

Praise and positive reinforcement are effective methods of behavior management of children. When children receive positive, nonviolent, and understanding interactions from adults and others, they develop good self-concepts, problem solving abilities, and self-discipline. Based on this belief, \_\_\_\_\_

uses a positive approach to discipline and practices the following discipline and behavior management techniques.

### WE DO

- ◆ Communicate to children using positive statements.
- ◆ Communicate with children on their level.
- ◆ Talk with children in a calm quiet manner.
- ◆ Explain unacceptable behavior to children.
- ◆ Give attention to children for positive behavior.
- ◆ Praise and encourage the children.
- ◆ Reason with and set limits for the children.
- ◆ Apply rules consistently.
- ◆ Model appropriate behavior.
- ◆ Set up the classroom environment to prevent problems.
- ◆ Provide alternatives and redirect children to acceptable activity.
- ◆ Give children opportunities to make choices and solve problems.
- ◆ Help children talk out problems and think of solutions.
- ◆ Listen to children and respect the children's needs, desires and feelings.
- ◆ Provide appropriate words to help solve conflicts.
- ◆ Use storybooks and discussion to work through common conflicts.

### WE DO NOT

- ◆ Inflict corporal punishment in any manner upon a child. (Corporal punishment is defined as the use of physical force to the body as a discipline measure. Physical force to the body includes, but is not limited to, spanking, hitting, shaking, biting, pinching, pushing, pulling, or slapping.)
- ◆ Use any strategy that hurts, shames, or belittles a child.
- ◆ Use any strategy that threatens, intimidates, or forces a child.
- ◆ Use food as a form of reward or punishment.
- ◆ Use or withhold physical activity as a punishment.

- ◆ Shame or punish a child if a bathroom accident occurs.
- ◆ Embarrass any child in front of others.
- ◆ Compare children.
- ◆ Place children in a locked and/or dark room.
- ◆ Leave any child alone, unattended or without supervision.
- ◆ Allow discipline of a child by other children.
- ◆ Criticize, make fun of, or otherwise belittle a child's parents, families, or ethnic groups.

Conferences will be scheduled with parents if particular disciplinary problems occur. If a child's behavior consistently endangers the safety of the children around him/her, then the Director has the right, after meeting with the parents and documenting behavior problems and interventions, to terminate child care services for that particular child.

Note: If, at any point, there is an indication/suspicion that a child may have special needs, \_\_\_\_\_ will inform the child's family and make contact with Baby Net for assessment and assistance.

*My signature below indicates that I have received a copy of the discipline policy, it has been reviewed with me, and I have read and understand this policy.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please circle as appropriate:      STAFF      PARENT

If parent, name of child \_\_\_\_\_

# EMERGENCY MEDICAL CONSENT



I (we) the parent of \_\_\_\_\_

give my (our) consent for the provider,

\_\_\_\_\_ to seek  
medical attention if an emergency should  
occur and I (we) cannot get to my (our)  
child in a reasonable time. If necessary, I  
(we) ask that the ambulance be called if  
the illness or injury warrants it. I (we)  
agree, for the health and welfare of my  
(our) child that the provider use his/her  
Judgment.

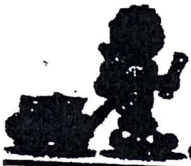
\_\_\_\_\_  
Parent(s) name

\_\_\_\_\_  
date

\_\_\_\_\_  
Parent(s) signature

\_\_\_\_\_  
date

\_\_\_\_\_  
Provider signature



**OUT DOOR ACTIVITY PERMISSION FORM**



**The provider and staff  
of \_\_\_\_\_ may take my  
child \_\_\_\_\_ for short walking  
trips and any of the activities checked below as  
part of the Family/Group Family Day Care  
Program.**

**( ) Providers' back yard**

**( ) Neighborhood Park**

**( ) Other \_\_\_\_\_**

**Parent/Guardian (print)**

**Date \_\_\_/\_\_\_/\_\_\_**



**SLEEPING AND NAPPING AGREEMENT**  
**Family Day Care and Group Family Day Care**

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Sleeping and napping arrangements must be made in writing between the parent and the child care provider. The provider shall maintain this completed agreement on file in the child care home. This arrangement is required by New York State Child Day Care Regulations [Family Day Care 417.7 (i) and 417.8 (a) (1), and Group Family Day Care 416.7 (i) and 416.8 (a) (1)].

I, (parent name) \_\_\_\_\_, understand that my child(ren),  
\_\_\_\_\_, while under the care of (child care provider)  
\_\_\_\_\_, will be napping on a (bed/cot/mat/chair)  
\_\_\_\_\_ in the (baby room/main room) \_\_\_\_\_ of the child  
care home.

**My napping child will have competent supervision at all times, either through:**

(Please check one box below)

Direct supervision by a caregiver who is in the same room and has direct visual contact with him/her;

OR

Indirect supervision by a caregiver who uses a functioning electronic monitor and remains on the same floor as my child at all times. The doors to all rooms where children are napping must remain open, as well as the doors to all rooms used by the provider.

If my child is an infant, I also understand that my child will be placed on his/her back to sleep.

**Parent's Signature:**

Name (please print): _____	Signature: _____
Date: _____ (Month/Day/Year)	

**Child Care Provider's Signature:**

Name (please print): _____	Signature: _____
Date: _____ (Month/Day/Year)	

# Pick Up Authorization

I(we) the parent(s) of \_\_\_\_\_ give my(our) consent for the following individual(s) to pick up my(our) child if I(we) are unable to do so.

Name:	Address:	Phone#

The following individual(s) are not allowed to pick up my (our) child.

1. \_\_\_\_\_
2. \_\_\_\_\_

\_\_\_\_\_  
Parent(s) signature

Date: \_\_\_\_\_

\_\_\_\_\_  
Provider Signature

Date: \_\_\_\_\_

NEW YORK STATE  
OFFICE OF CHILDREN AND FAMILY SERVICES



# Medical Statement of Child in Childcare

To Be Completed By Licensed Physician, Physician's Assistant or Nurse Practitioner

Name of Child: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date of Examination: \_\_\_\_\_

**Immunizations required for entry into day care**

Yes  No

**Medical Exemption** The physical condition of the named child is such that one or more of the immunizations would endanger life or health. Attach certification specifying the exempt immunization(s).

Diphtheria, Tetanus and Pertussis (DPT) Diphtheria and Tetanus and acellular Pertussis (DTaP)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date	3 <sup>rd</sup> Date	4 <sup>th</sup> Date	5 <sup>th</sup> Date
Polio (IPV or OPV)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date	3 <sup>rd</sup> Date	4 <sup>th</sup> Date	
Haemophilus influenzae type B (Hib)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date	3 <sup>rd</sup> Date	4 <sup>th</sup> Date OR 1 <sup>st</sup> Date (if given on or after 15 months of age)	
Pneumococcal Conjugate (PCV) for those born on or after 1/1/08)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date	3 <sup>rd</sup> Date	4 <sup>th</sup> Date	
Hepatitis B	1 <sup>st</sup> Date	2 <sup>nd</sup> Date	3 <sup>rd</sup> Date		
Measles, Mumps and Rubella (MMR)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date			
Varicella (also known as Chicken Pox)	1 <sup>st</sup> Date	2 <sup>nd</sup> Date			

**Other Immunizations may include the recommended vaccines of Rotavirus, Influenza and Hepatitis A**

Type of Immunization:	Date:	Type of Immunization:	Date:
Type of Immunization:	Date:	Type of Immunization:	Date:
Type of Immunization:	Date:	Type of Immunization:	Date:

**Tests**

Tuberculin Test Date: \_\_\_ / \_\_\_ / \_\_\_ Mantoux Results:  Positive  Negative \_\_\_\_\_ mm

TB Tests are at the physician's discretion.

If positive, or if x-ray ordered, attach physician's statement documenting treatment and follow-up.

Lead Screening Date: \_\_\_ / \_\_\_ / \_\_\_

Attach lead level statement

**Lead Screening (Include All Dates and Results)**

1 year \_\_\_ / \_\_\_ / \_\_\_ Result: \_\_\_\_\_ mcg/dL  Venous  Capillary

2 years \_\_\_ / \_\_\_ / \_\_\_ Result: \_\_\_\_\_ mcg/dL  Venous  Capillary

**Most recent date of lead screening (if different from above):**

\_\_\_ / \_\_\_ / \_\_\_ Result: \_\_\_\_\_ mcg/dL  Venous  Capillary

**Per NYS law, a blood lead test is required at 1 and 2 years of age and whenever risk of lead poisoning is likely.** If the child has not been tested for lead, the day care provider may not exclude the child from child day care, but must give the parent information on lead poisoning and prevention, and refer the parent to their health care provider or the county health department for a lead blood screening test.

ADDITIONAL INFORMATION ON REVERSE SIDE →





# Medical Statement of Child in Childcare

(continued)

Health Specifics	Comments
Are there allergies? (Specify) <input type="checkbox"/> Yes <input type="checkbox"/> No	
Is medication regularly taken? (Specify drug and condition) <input type="checkbox"/> Yes <input type="checkbox"/> No	
Is a special diet required? (Specify diet and condition) <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are there any hearing, visual or dental conditions requiring special attention? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Are there any medical or developmental conditions requiring special attention? <input type="checkbox"/> Yes <input type="checkbox"/> No	

## Summary of Physical Exam

Include special recommendations to Day Care Providers

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On the basis of my findings as indicated above and on my knowledge of the named child, I find that: he/she is free from contagious and communicable disease and is able to participate in day care.

Yes  No

Signature of Examiner

Address

Please Print Name

City, State, Zip

Title

( )  
Phone

Date

## Religious Exemptions

Public Health law Section 2164 allows a child to be religiously exempted from immunization. A written and signed statement from a parent, parents or guardian of the child stating that they object of the immunization of their child due to their sincere and genuine religious beliefs should be submitted to the day care owner, operator or administrator who shall determine whether the statement of religious belief is acceptable.

# CHILD & ADOLESCENT HEALTH EXAMINATION FORM

NYC DEPARTMENT OF HEALTH & MENTAL HYGIENE — DEPARTMENT OF EDUCATION

Please Print Clearly

NYC ID (OSIS)

## TO BE COMPLETED BY THE PARENT OR GUARDIAN

Child's Last Name	First Name	Middle Name	Sex <input type="checkbox"/> Female <input type="checkbox"/> Male	Date of Birth (Month/Day/Year)	
Child's Address			Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No	Race (Check ALL that apply) <input type="checkbox"/> American Indian <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Other	
City/Borough	State	Zip Code	School/Center/Camp Name	District Number	Phone Numbers Home _____ Cell _____ Work _____
Health Insurance (Including Medicaid)? <input type="checkbox"/> Yes <input type="checkbox"/> No	Parent/Guardian Last Name	First Name	Email		
<input type="checkbox"/> Foster Parent					

## TO BE COMPLETED BY THE HEALTH CARE PRACTITIONER

<b>Birth history (age 0-6 yrs)</b> <input type="checkbox"/> Uncomplicated <input type="checkbox"/> Premature: _____ weeks gestation <input type="checkbox"/> Complicated by _____	<b>Does the child/adolescent have a past or present medical history of the following?</b> <input type="checkbox"/> Asthma (check severity and attach MAF): <input type="checkbox"/> Intermittent <input type="checkbox"/> Mild Persistent <input type="checkbox"/> Moderate Persistent <input type="checkbox"/> Severe Persistent If persistent, check all current medication(s): <input type="checkbox"/> Quick Relief Medication <input type="checkbox"/> Inhaled Corticosteroid <input type="checkbox"/> Oral Steroid <input type="checkbox"/> Other Controller <input type="checkbox"/> None Asthma Control Status <input type="checkbox"/> Well-controlled <input type="checkbox"/> Poorly Controlled or Not Controlled	
<b>Allergies</b> <input type="checkbox"/> None <input type="checkbox"/> Epi pen prescribed <input type="checkbox"/> Drugs (list) _____ <input type="checkbox"/> Foods (list) _____ <input type="checkbox"/> Other (list) _____	<input type="checkbox"/> Anaphylaxis <input type="checkbox"/> Seizure disorder <input type="checkbox"/> Behavioral/mental health disorder <input type="checkbox"/> Speech, hearing, or visual impairment <input type="checkbox"/> Congenital or acquired heart disorder <input type="checkbox"/> Tuberculosis (latent infection or disease) <input type="checkbox"/> Developmental/learning problem <input type="checkbox"/> Hospitalization <input type="checkbox"/> Diabetes (attach MAF) <input type="checkbox"/> Surgery <input type="checkbox"/> Orthopedic injury/disability <input type="checkbox"/> Other (specify) _____ <b>Explain all checked items above.</b> <input type="checkbox"/> Addendum attached.	<b>Medications (attach MAF if in-school medication needed)</b> <input type="checkbox"/> None <input type="checkbox"/> Yes (list below)
<b>Attach MAF if in-school medications needed</b>		

<b>PHYSICAL EXAM</b> Date of Exam: ____/____/____ Height _____ cm (____ %ile) Weight _____ kg (____ %ile) BMI _____ kg/m <sup>2</sup> (____ %ile) Head Circumference (age ≤2 yrs) _____ cm (____ %ile) Blood Pressure (age ≥3 yrs) _____ / _____	<b>General Appearance:</b> <input type="checkbox"/> Physical Exam WNL NI Abnl <input type="checkbox"/> Psychosocial Development <input type="checkbox"/> HEENT <input type="checkbox"/> Lymph nodes <input type="checkbox"/> Abdomen <input type="checkbox"/> Skin <input type="checkbox"/> Language <input type="checkbox"/> Dental <input type="checkbox"/> Lungs <input type="checkbox"/> Genitourinary <input type="checkbox"/> Neurological <input type="checkbox"/> Behavioral <input type="checkbox"/> Neck <input type="checkbox"/> Cardiovascular <input type="checkbox"/> Extremities <input type="checkbox"/> Back/spine
<b>Describe abnormalities:</b>	

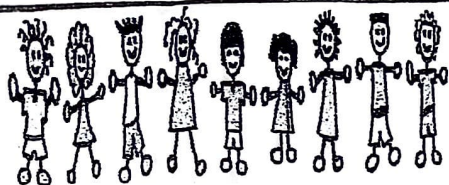
<b>DEVELOPMENTAL (age 0-6 yrs)</b> Validated Screening Tool Used? _____ Date Screened ____/____/____ <input type="checkbox"/> Yes <input type="checkbox"/> No Screening Results: <input type="checkbox"/> WNL <input type="checkbox"/> Delay or Concern Suspected/Confirmed (specify area(s) below): <input type="checkbox"/> Cognitive/Problem Solving <input type="checkbox"/> Adaptive/Self-Help <input type="checkbox"/> Communication/Language <input type="checkbox"/> Gross Motor/Fine Motor <input type="checkbox"/> Social-Emotional or Personal-Social <input type="checkbox"/> Other Area of Concern: _____	<b>Nutrition</b> < 1 year <input type="checkbox"/> Breastfed <input type="checkbox"/> Formula <input type="checkbox"/> Both ≥ 1 year <input type="checkbox"/> Well-balanced <input type="checkbox"/> Needs guidance <input type="checkbox"/> Counseled <input type="checkbox"/> Referred Dietary Restrictions <input type="checkbox"/> None <input type="checkbox"/> Yes (list below)	<b>Hearing</b> Date Done ____/____/____ Results < 4 years: gross hearing ____/____/____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred OAE ____/____/____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred ≥ 4 yrs: pure tone audiometry ____/____/____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <input type="checkbox"/> Referred
<b>Describe Suspected Delay or Concern:</b>	<b>SCREENING TESTS</b> Date Done ____/____/____ Results <b>Blood Lead Level (BLL)</b> (required at age 1 yr and 2 yrs and for those at risk) ____/____/____ μg/dL <b>Lead Risk Assessment</b> (annually, age 6 mo-6 yrs) ____/____/____ <input type="checkbox"/> At risk (do BLL) <input type="checkbox"/> Not at risk <b>Hemoglobin or Hematocrit</b> ____/____/____ g/dL %	<b>Vision</b> Date Done ____/____/____ Results <3 years: Vision appears: ____/____/____ <input type="checkbox"/> NI <input type="checkbox"/> Abnl <b>Acuity (required for new entrants and children age 3-7 years)</b> ____/____/____ Right ____/____/____ Left ____/____/____ <input type="checkbox"/> Unable to test Screened with Glasses? <input type="checkbox"/> Yes <input type="checkbox"/> No Strabismus? <input type="checkbox"/> Yes <input type="checkbox"/> No

Child Receives EI/CPSE/CSE services <input type="checkbox"/> Yes <input type="checkbox"/> No	CIR Number _____	Physician Confirmed History of Varicella Infection <input type="checkbox"/>	Report only positive immunity:
			IgG Titers Date Hepatitis B ____/____/____ Measles ____/____/____ Mumps ____/____/____ Rubella ____/____/____ Varicella ____/____/____ Polio 1 ____/____/____ Polio 2 ____/____/____ Polio 3 ____/____/____

<b>IMMUNIZATIONS - DATES</b>			
DTP/DTaP/DT _____ Td _____ Polio _____ Hep B _____ Hib _____ PCV _____ Influenza _____ HPV _____	MMR _____ Varicella _____ Mening ACWY _____ Hep A _____ Rotavirus _____ Mening B _____ Other _____	Tdap _____	

<b>ASSESSMENT</b> <input type="checkbox"/> Well Child (Z00.129) <input type="checkbox"/> Diagnoses/Problems (list) _____ ICD-10 Code _____	<b>RECOMMENDATIONS</b> <input type="checkbox"/> Full physical activity <input type="checkbox"/> Restrictions (specify) _____ Follow-up Needed <input type="checkbox"/> No <input type="checkbox"/> Yes, for _____ Appt. date: ____/____/____ Referral(s): <input type="checkbox"/> None <input type="checkbox"/> Early Intervention <input type="checkbox"/> IEP <input type="checkbox"/> Dental <input type="checkbox"/> Vision <input type="checkbox"/> Other _____
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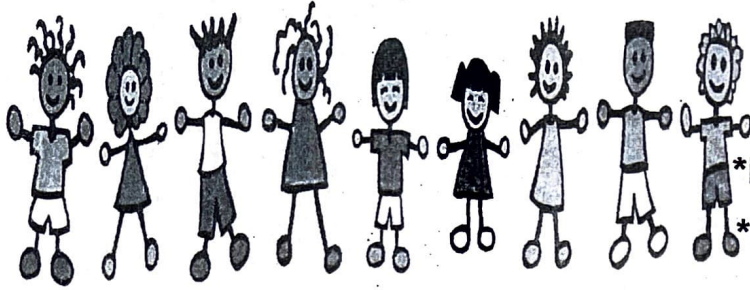
Health Care Practitioner Signature _____ Date Form Completed ____/____/____	<b>DOHMH ONLY PRACTITIONER I.D.</b> _____
Health Care Practitioner Name and Degree (print) _____ Practitioner License No. and State _____	<b>TYPE OF EXAM:</b> <input type="checkbox"/> NAE Current <input type="checkbox"/> NAE Prior Year(s) Comments: _____
Facility Name _____ National Provider Identifier (NPI) _____	Date Reviewed: ____/____/____ <b>I.D. NUMBER</b> _____
Address _____ City _____ State _____ Zip _____	REVIEWER: _____
Telephone _____ Fax _____ Email _____	<b>FORM ID#</b> _____



# Tal...Tal...Daycare/Preschool

## DAILY SCHEDULE

8.00-8.45	Arrival-table Toys/Clean Up
8.45-9.00	Good Morning Greetings
9.00-9.05	Wash Hands
9.05-9.25	Breakfast
9.25-9.35	Music and Movements
9.35-9.45	Circle Time
9.45-11.05	Centers
11.10-11.15	Clean Up
11.15-11.45	Gross Motor/Indoor & Outdoor
11.45-11.55	Story Time/Read Aloud
11.55-12.00	wash Hands
12.00-12.30	Lunch Time
12.30-1.00	Washing Hands
1.00-2.30	Rest Time
2.30-3.00	Clean Up Cots
3.00-3.15	PM Snack
3.15-3.20	Wash Hands
3.20-3.35	Centers
3.35-3.45	End Of The Day Circle Time
3.45-4.00	Dismissal



Tali Bazon 347-924-5141

\*Star Class 718-263-2384

\*Rainbow Class 718-627-6091

\*Blue Sky Class 516-965-0239

## **Tal...Tal... Daycare/Pre-School**

Please remember to hand in the following items on our Parents' Teachers' conference day.

- \* 2 Wet Wipes
- \* Change of cloths (Including socks and underwear)
  - \* A Sheet
  - \* A Blanket
- \* 3 bounty (paper towels)
- \* 2 tissue boxes
- \* 2 boxes of Big Zip Lock bags
- 1 Pack of computer papers
  - Plastic Folder
  - Hand Sanitizer

**Everything should be labeled !!!!!**

Meals	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK BREAKFAST	Cold Cereal (unsweetened) Apples 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Bread Whole Grain Apples Mixed Vegetables 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Bread Whole Grain Apples Mixed Vegetables 1%, skim (ages 2+) / whole (ages 1-2)	Cold Cereal (unsweetened) Apples 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Bread Whole Grain Apples Mixed Vegetables 1%, skim (ages 2+) / whole (ages 1-2)
Lunch	Chicken Legs (thighs/ wings) Rice (W/G) Peas and Carrots Mixed Vegetables	Fish (any) Pasta Whole Grain - Any Peppers-Red, Yellow, Green Tomato Paste/Sauce	Beef Ground Rice (W/G) Tomato Paste/Sauce Apples	Cottage/Ricotta Cheese Bread Whole Grain Egg Mixed Vegetables Apples	Turkey Lean Bread Whole Grain Mixed Vegetables Apples
PM SNACK	Cottage/Ricotta Cheese Crackers (Any) Whole Grain Cucumbers Bananas 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Crackers (Any) Whole Grain Tomatoes Apples 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Crackers (Any) Whole Grain Mixed Vegetables Bananas 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Crackers (Any) Whole Grain Mixed Vegetables Bananas 1%, skim (ages 2+) / whole (ages 1-2)	Cottage/Ricotta Cheese Crackers (Any) Whole Grain Mixed Vegetables Apples 1%, skim (ages 2+) / whole (ages 1-2)